

Dance Performance





IS THIS YOU?

- * Like to dance everyday
- Like to learn ballet technique
- Like to make up dances
- Like to perform
- Like to be around other dancers
- Like to dance to different kinds of music
- Like to train in modern dance
- Like to look at professional dancers on the Internet



LEARN BY DOING:

- Ballet
- Physical Fitness
- Modern Dance
- Dance History
- Choreography
- Anatomy
- Dance Critique
- Business of Dance



CAREERS:

- Dance Teacher
- Choreographer
- Dancer in Videos
- Professional Cheerleaders for Pro Teams
- Dance Studio Owner
- Physical Therapist



PROGRAM BENEFITS:

- Solid preparation to pass dance auditions for colleges
- Solid ballet training which enhances all dance techniques
- Understanding of ones anatomy which helps develop good technique
- Augmentation of musical genres and movement vocabulary

A Day at the Fort:

1st Year: Related Academics; Warm up; Ballet Class; Work on choreography

2nd Year: Related Academics; Warm up; Ballet Class; Work on choreography

About US:

Auditions are required to be accepted to the program. Attendance and commitment are of the utmost importance. Emphasis is placed on ballet, modern dance and choreography.

Things You'll Do:

- Daily classes in various genres of dance (Ballet, modern, jazz, etc.
- Two performances within the program per year
- Choreograph dances
- Study famous choreographers, dance history, and anatomy







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